

British Trail Orienteering Championships 6th May 2017

Event Information

Travel and Parking

Lakeside YMCA, a short drive from BOC 2017.
Postcode: LA12 8BD
GR: SD 374898
GPS: N54.300100, W2.962928

IMPORTANT: DO NOT enter at the "South Camp" southern entrance, continue north to the "Main Entrance" otherwise you will be entering the competition area.

Directions from BOC 2017: head Northeast from the car parks; at the first junction bear left following signs to Hawkshead (not "Lakeside", as that is the village), pass the "South Camp" entrance and continue to the Main Entrance.

Please Park in the visitor car park; there is no parking charge.

Registration and Assembly

Registration is adjacent to parking and opens around 15:00

EOD for the Standard class is available

Current trophy holders should return the trophies to Registration

There are toilets (including disabled) adjacent to Assembly.

Start Times

Start window is 15:30-17:00. There are no pre-allocated start times, just follow the signs for the time controls from Registration, stop at the "stop" line and wait until called up. Remember to punch the Start SI before taking your map.

Course info:

Elite: 22 controls, 2x 2 TCs, 800m with 10m climb, time limit 90 mins

Standard: 14 controls, 2x 2 TCs, 800m with 10m climb, time limit 70 mins

Time controls (TCs)

There are 2 time control stations, each with 2 problems. Each station has 6 kites: when answering please use the phonetic alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot; there are no Zeroes at the time controls. Each station is continuously timed for the two problems with a maximum time of 60s with a 10s to go warning.

Please inform the officials if you wish to point rather than speak. There is a choice of loose or bound maps. The maps have a cover sheet that must not be removed until told "your time starts now".

Course layout

Each decision point is clearly labelled with the control number prefixed with "E" for Elite and "N" for Standard. For instance E2 is the second control on the Elite course and N1 is the first control on the Standard course (it used to be referred to as "Novice").

You must punch controls in order using the nearest punch. When decision points are very close then punches will be shared - this will be obvious.

You must stay on tracks marked with the brown-infill, you must not enter the terrain nor proceed along the black dashed footpaths. Tracks that you are not allowed to take will be barred on the map and also taped on the ground.

You may also not pass back through the start nor cross the finish line until after you have punched the last control.



Special course info

IMPORTANT: many controls are on knolls. We have experienced considerable difficulty in getting canes stuck in the hard ground (knolls are rocky) and the control description "knoll" (with no info about where on the knoll) should be interpreted as "anywhere on the knoll"; the kite will be where we can get it to stand up.

Zero Tolerance

For problems where the correct answer is zero (Z), the nearest flag is either on a different feature, its position on the correct feature deviates by more than 90 degrees from that described, or its distance to the centre of the circle is more than 3m.

Course logistics

Timing for Start and Finish will be done using SportIdent so please bring your SI cards

IMPORTANT: Especially those who are new to Trail Orienteering should remember that it is a silent sport and there must be no talking on the course. Even though you might just be taking part for a bit of fun, it is a selection/ranking event for future Elite selections so please respect the other competitors.

Total distance from car park through the TCs to the course start is less than 300m.

The distance from the Finish back to the car park is about 600m, please maintain silence while in the vicinity of the Finish so as not to distract other competitors still on the course. Competitors in wheelchairs will not be able to take the direct route back so will instead need to return back along the course.

Terrain

Lakeside is typical Lakeland woodland.

Tracks are mostly flat or gently downhill with a firm surface, uneven in places, but easily passable by wheelchairs with moderate clearance.

Map

Map scale is 1:4000 with 5m contours and has been adapted from the previous Martin Bagness map, converted to ISSOM with minor updates. The area has lots of man-made constructions, often of a non-permanent nature - these have not been mapped. The area has many small fences, these have also not been mapped.

Maps and control cards are printed on waterproof paper

Other information

There will be a prize giving on 7th May for the first three Open, Para and Juniors during the British Relay Championships (BRC) prize giving.

Organiser and Planner: John Kewley MDOC
Controller and Cartography: Peter Owens DEE