



British Orienteering Relay Championships 2025

On behalf of the NWOA, welcome to the British Relay Championships!

Relay: Bigland – Sunday 12th May

- Car parks open 08:15 (no entry after 12:00, no exit before 12:30)
- Mass starts 10:00 - 11:10 (first call up 09:45)
- Mini mass start for remaining runners 12:30
- String course 10:00 – 13:00
- Maps available for collection – 12:30
- Prize giving 13:15
- Courses close 14:00
- Car parks close 14:30

Parking and Directions

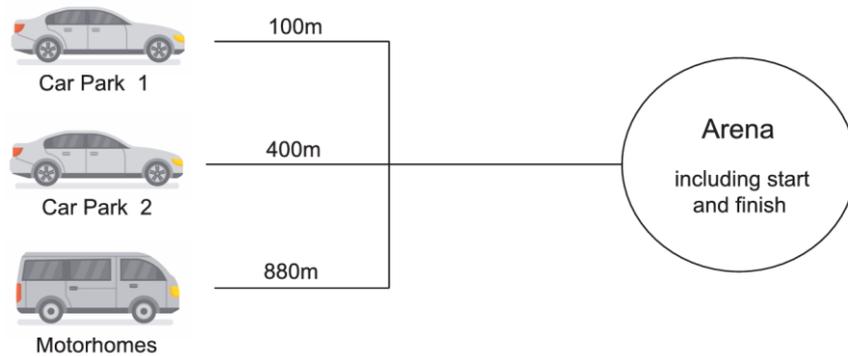
Parking will be in fields around the Bigland Estate. Motorhomes, mini-buses and large camper vans will be parked on hard standing at the Clock Tower Business Park in the hamlet of Low Wood. See the event website for public transport options.

Please approach car parking from the Haverthwaite crossroads on the A590 ([Google link](#), [///active.whimpered.bluffs](#),). Please do not exit at the two slip roads prior to the crossroads. The village at Backbarrow in particular can be single lane width in places and we don't want traffic to back up on to the A590.

The event will be signed from the Haverthwaite crossroads, with large vehicles directed to the Clock Tower, and other vehicles up to the parking fields. Preferentially cars and small campervans will be parked in Car Park 1, and 4x4s in Car Park 2. However please follow the instructions of marshals at car park 1 – marshals will direct cars to car park 2 as appropriate in order to minimise traffic build up on the road at this point.

No entry after 12:00. No exit before 12:30.

	Post code	Grid reference	What3words	Google
Car park 1	LA12 8QY	SD 355836	///contracts.slider.otter	link
Car park 2	LA12 8QY	SD 359834	///quaking.shield.refers	link
Motorhome/minibus parking	LA12 8LY	SD 346836	///defrost.fluffed.desiring	link



From Motorhome parking, assembly is an 880m uphill walk, partly on the road. From the car park turn left and follow signs. The route will turn left off the road after 100m and will be taped through woodland exiting back on to the road after 600m. Turn left and follow the road for another 180m, assembly is on the right. Event traffic will also use this road.

Car park 1 is across the road from assembly. Competitors will use the same entrance/exit as vehicles so please take extra care and follow marshal instructions.

Car park 2 is a 400m downhill walk to assembly, again partly on the road. Exit at the W corner of the parking field and follow signs, tapes and marshal instructions. The route will cross the road at the junction with the riding stables and Brow Edge Road. The crossing will be marshalled. From there it will be taped through a short section of woodland into the top of the assembly field.

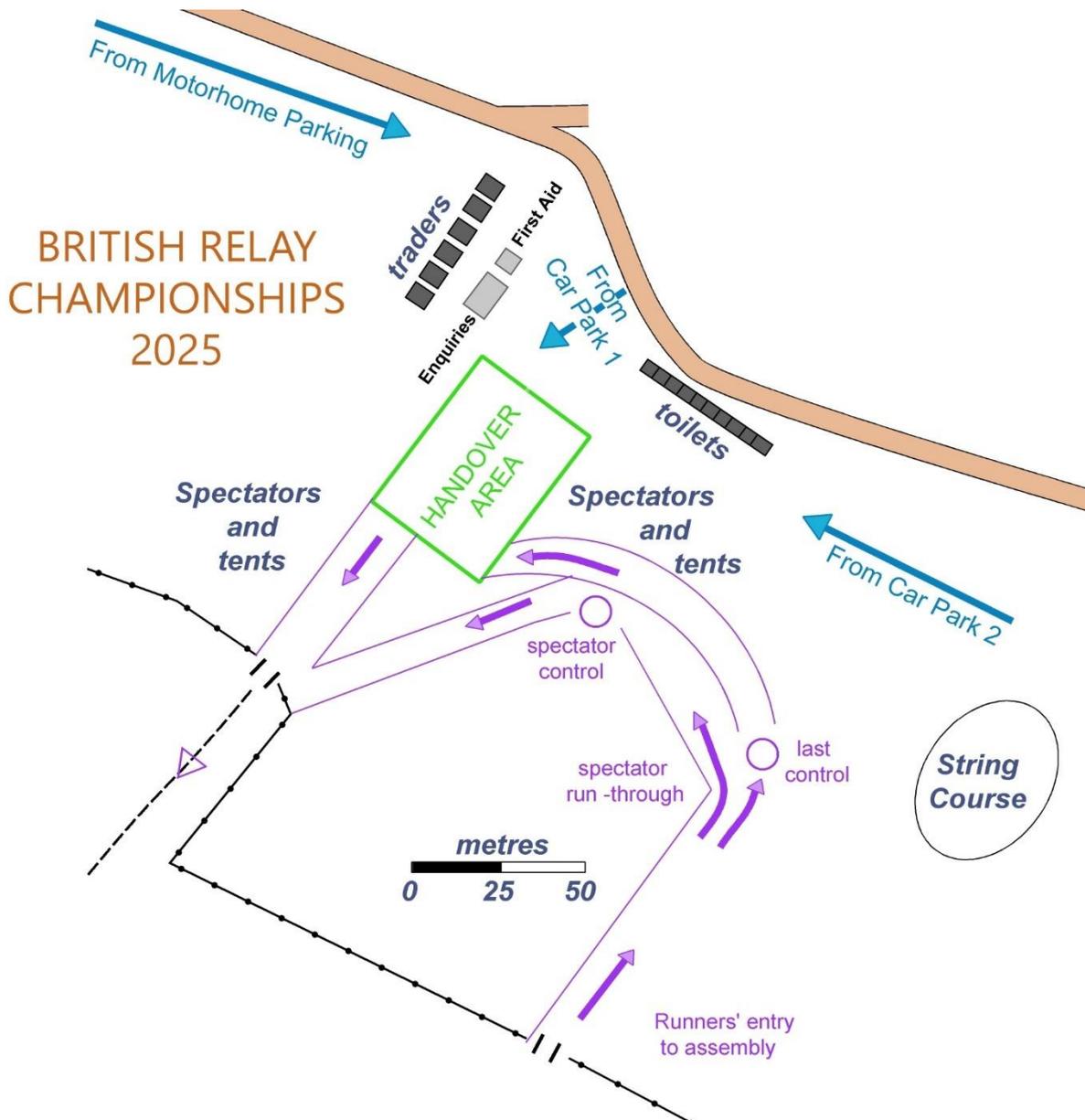
Please take care and watch out for traffic/competitors and follow the instructions of the marshals at all times. When walking along the road please keep strictly in single file.

Competitors are advised to leave the event via the Haverthwaite crossroads. To avoid a right turn on to the busy A590 you can go left at this point and turn round at the Greenodd roundabout (additional 8km).

Arena

The arena is adjacent to car park 1. The arena contains:

- Map Issue / Start / Changeover / Finish / Download / Map Collection
- Toilets
- Space for club tents
- Traders – Podium Catering, Southwards Catering, Little Blue Pig (coffee van), Yorkshire Dales Ice-Cream, North West Junior Squad, Compass Point, VJ Sports, Compass Sport.
- Prize Giving
- First Aid
- String course
- Enquiries tent (from 08:30) which includes:
 - SI hire collection
 - Key drop and medical forms
 - Trophy return
 - Last minute relay entry changes
 - Complaints/protests
 - Lost Property



Terrain

Bigland was first mapped for the JK in 1992 and since then it has been used for several other major events. The area is a superb example of Lake District terrain. This event uses the most testing part of the area in terms of both running and navigation, an area of broadleaf woodland on a steep slope with many contour and rock features. The forest is generally open but there are some areas where runnability and visibility are reduced by vegetation (mainly holly), fallen trees and rocky ground.

Map

1:10,000 or 1:7,500 according to class, 5m contours, A4, digitally printed. The entire competition area was totally remapped using LIDAR data by Martin Bagness in 2022/23. There have been minor updates for this event.

- A black circle O has been used to show charcoal burning platforms, on the ground these features are circular, 5+m across and are more distinct on steeper slopes where a low retaining wall may be visible.
- Rocky ground, where it impedes progress, is shown with small black dots (rather than small triangles).
- Mapped boulders are generally at least 1m+, crags 1.5m+. Some boulders smaller than 1.0m have been mapped where they are especially prominent.
- In a few particularly detailed places, short sections of index contours use the normal contour thickness line width to aid clarity.
- Fallen trees, gorse and other undergrowth are shown with either the close vertical green stripe symbol (best avoided) or solid green (almost impassable).
- The most challenging knee-high holly bushes are mapped with either the slow run symbol (small patches) or the spaced green stripe symbol (larger areas).

Control Descriptions printed on the map only (no loose descriptions). Class R (Mini Relay) and class T (Junior AdHoc) have both IOF pictorial symbols and text descriptions. All other classes have just IOF pictorial symbols.

Planner's Comments

This event will be atypical of recent major relays in that the area is tough and technical. It is a scarp slope with significant rock and contour detail. Runnability is generally good though some areas have numerous thickets, mostly holly. Progress and visibility are impeded in places by fallen trees, small trees and bushes. These can be avoided if you are looking ahead.

The map is as used for JK 2023, with minor updates. Only significant rock is mapped. Some of the crags are high and dangerous, and where the uncrossable crag symbol (thick black line with tags) is used it should be taken seriously. There are a few old tracks, now largely overgrown but still discernible in places. There are not mapped.

Courses have been planned to achieve the recommended fastest leg times as in the BoF rules for BRC. These times will only be achieved with minimal mistakes. Climb has been measured as per BoF guidance. With careful route choice it will be possible to reduce this by 10 – 20%.

Classes A, B, E and G have a spectator control in the assembly area followed by a taped run through. The course and control markings in the assembly area are rather congested. After the run through competitors will go to the start kite before doing the final loop. Please take care that:

- You go to the correct control both times you enter the assembly area;
- You go to the correct control both times you leave the start kite.

Class Details

Call Up	Mass start	Class	Title	EWT	TD	Distance	Climb	Scale	Bib nos
09:45	10:00	R	Mini Relay (M/W12-)	12	2	2.0	80	1:7,500	1201+
09:55	10:10	A	Men's Premier	32	5	5.0	300	1:10,000	1+
10:05	10:20	B	Women's Premier	32	5	4.1	220	1:10,000	101+
		E	M40	32	5	4.1	220	1:10,000	4001+
10:15	10:30	P	M14	18	3	2.5	110	1:7,500	1401+
		Q	W14	22	3	2.5	110	1:7,500	1461+
10:25	10:40	S	Mixed Ad Hoc *	Varies	5	3.6	190	1:7,500	401+
					5	2.7	140		
					3	2.5	110		
		T	Junior Ad Hoc (M/W 20-) *	Varies	5	2.7	140	1:7,500	501+
					3	2.5	110		
					2	2.0	80		
10:35	10:50	D	Women's Short	32	5	2.7	140	1:7,500	301+
		H	W50	32	5	2.7	140	1:7,500	5061+
		K	W60	32	5	2.0	85	1:7,500	6061+
		N	W18	25	5	2.8	145	1:10,000	1861+
		L	M/W70 **	32	5	2.8	145	1:7,500	7001+
					5	2.0	85		
					5	2.8	145		
10:45	11:00	C	Men's Short	32	5	3.4	190	1:7,500	201+
		F	W40	32	5	3.4	190	1:10,000	4061+
		J	M60	32	5	3.4	190	1:7,500	6001+
		M	M18	25	5	3.4	190	1:10,000	1801+
10:55	11:10	G	M50	32	5	3.8	220	1:7,500	5001+

* Mixed Ad Hoc and Junior Ad Hoc – all teams have Long, Medium and Short legs. The order varies between teams, being pre-determined for each team number (the leg order is provided at the time of declaration)

** M/W70 – all teams run in the order Long, Medium, Long. Teams must contain at least one woman.

Team Declaration, Bibs, and Late Changes

Team captains must make final team declarations by 18:00 on Saturday 10th May via the online Fabian entry system. Please check the details submitted to make sure runner names, SI cards and eligibility are correct.

Team captains can collect an envelope containing bibs and a team list for their club at the relay desk at enquiries between 11:00 and 15:30 on Saturday in the Enquiries tent.

Bib colour is Red for Lap 1, White for Lap 2, Blue for Lap 3. Pins are not provided – please supply your own.

Any last-minute changes to teams after online declaration closes, please fill in a form at Enquiries on Sunday morning as early as possible.

SI hire

Relay competitors needing to hire an SI card – you will be issued with a different hire SI card from the one you used at the Individual race on Saturday.

Please collect and pay at Enquiries on Sunday (£1 per non-SIAC, £3.50 per SIAC, cash only, exact change please). Lost cards will be charged £20 (non-SIAC) and £60 (SIAC).

Map Issue and Start

All controls (including finish) will be enabled for contactless or manual punch. Clear and Battery Check stations will be located outside the Map Issue tent. WHISTLES COMPULSORY – checked as you enter map issue. Your SI card will be electronically checked as you enter Map Issue, and an official will confirm it matches your team number and lap. Map issue will be split by lap (laps 1 vs laps 2 & 3), make sure you select the correct lane. After collecting your map please Check, and SIAC users can use the SIAC Test unit to confirm activation.

Team and lap numbers will be visible on the folded map. It is the competitor's responsibility to ensure they receive the correct map – check against your bib! The map will be folded and sealed with tape. Do not open the sealed map until the race start signal has been given for lap 1, or physical contact has been made with the incoming runner for laps 2 & 3. Anyone observed opening their map early risks being disqualified.

Lap 1 call up is 15 minutes before your start time. Listen to announcements and come forward when your relay class has been announced. Please be on time. Lap 1 runners have a timed mass start on the starter's signal. The taped run out will take you to the start kite just into the forest.

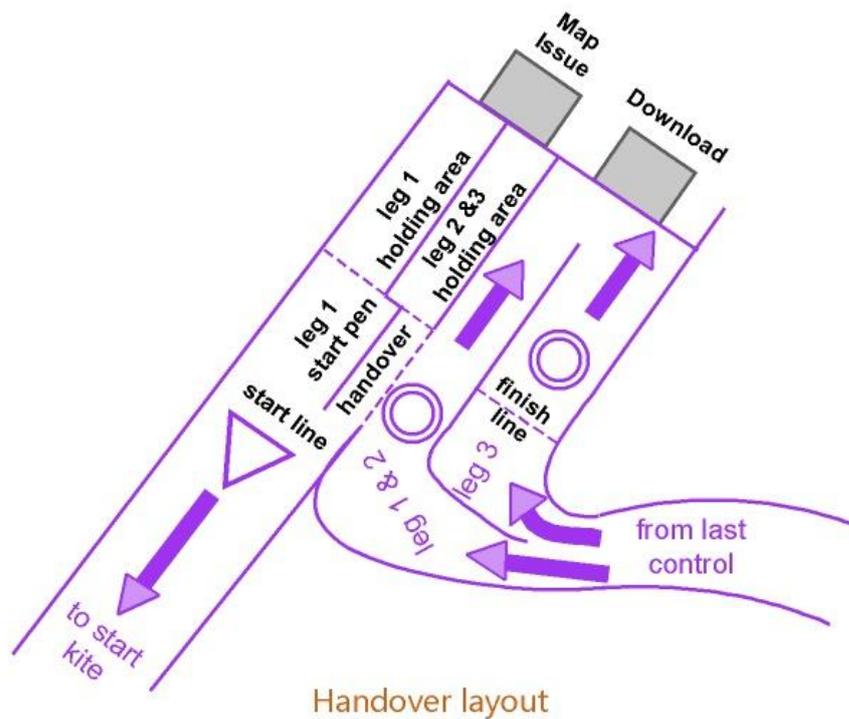
Lap 2 & 3 runners can proceed to Map Issue and enter the waiting pen any time after their previous runner has started. There will be no announcements for laps 2 & 3 until the mini mass start (see below).

Changeover and Finish

Incoming runners will NOT be announced. Runners may enter the changeover waiting area whenever they choose. It is the competitor's responsibility to be there on time. Outcoming runners will have a good view of incoming team-mates from the final control, which is approximately 150m to the handover point / finish.

Incoming runners on laps 1 & 2 should keep left at the split to approach the handover line, punch first, then hand over by physical contact, before moving swiftly away from the changeover to download.

Incoming runners on lap 3 should keep right at the split and head directly for the finish line. Results will be based on the order in which teams cross the finish line. Competitors must then swipe/punch the finish unit beyond the finish in the order they crossed the line. Marshals will be on hand to adjudicate if necessary.



BRITISH RELAY CHAMPIONSHIPS 2025

Mini Mass Start

There will be a mini mass start at 12:30 for all remaining lap 2 & 3 runners who have not started.

Map Collection

Maps will be collected from all finishers up until the mini mass start. Club representatives can reclaim club bags as soon as this has taken place.

String course

In the arena opposite the last control/start of the run in. Open from 10:00 – 13:00. Free entry. It is up hill from the main arena area.

Acknowledgements

Thanks to Mr Tom Wilkinson for the use of the Bigland Estate woods & Assembly fields.

Thanks to Mrs Wendy Slater, Mr Rob Church & Mr David Barrett for the parking fields and Clock Tower hard standing.

Safety Information

Competitors are responsible for their own safety.

Appropriate clothing and shoes should be worn according to the ground and weather conditions.

If you become lost then the Safety bearing information is:

'to head east until you hit open fields and then head north to the Assembly field'.

If injured during the event consider retiring to avoid worsening of injury, but you must still download before leaving the event site.

If unable to get back to the assembly area and require assistance then blow your whistle six times, wait a minute and repeat until help arrives. Do not blow your whistle until it is necessary to seek external help.

Lone runners must leave their car keys or other important items at the Enquiries tent.

At the end of your run, check for ticks, seek medical help if you do not know how to remove them.

After your run, please remember to wash your hands before handling and eating food.

If a child becomes separated from their parents/guardians, the child must be instructed to speak to one of the event officials (in Hi-Viz tabards) or report to the enquiries tent. Any child found wandering around the assembly area or car park will be brought to the enquiries tent.

Drones

There must be no drone flying over the car parking, assembly and event areas without prior permission of the Day Organiser.

Anybody caught flying drones without permission will be reported to the CAA.