



British Orienteering Long Distance Championships 2024

World Ranking Event – Bulletin 1

The clubs of the North East Orienteering Association (CLOK, NATO, NN, DUOC) welcome you to a World Ranking Event in the north east of England, as part of the British Championships Long and Relay weekend.

Date

Saturday 13th April 2024.

Type of competition

Long distance competition with 3 minute interval start.

Start lists will be ordered according to WRE rules based on [IOF World Rankings](#) on Monday April 1st 2024 (so including any results up to and including JK 2024), with highest ranked starting last.

Competitors with no IOF world ranking will start before the IOF ranked competitors, based on British Orienteering ranking.

Venue

Mulgrave Woods, Hutton Mulgrave and Skelder Woods, near Whitby, North Yorkshire.

Transport

No transport to or from the competition is provided by the organisers.

- By air – Nearest airports are Newcastle (75 miles by road), Leeds / Bradford (80 miles), Manchester (135 miles).
- By rail – Nearest station is Whitby (4 miles by road). See [National Rail](#) for times and tickets.
- By bus – Nearest bus stop is in Lythe village, adjacent to the event parking. The X4 runs every 30 minutes on Saturdays, to/from Whitby in one direction, and to/from Middlesbrough, Redcar and Saltburn in the other. See [X4, X4A - Whitby - Loftus - Middlesbrough – Arriva North East – bustimes.org](#) for timetable.
- By car – 30 miles from Middlesbrough and 50 miles from York, both of which are served by major trunk roads.

The start for WRE classes is remote from the parking and arena. Competitors will take a bus provided by the organisers from near event parking to the pre-start area. Full details will be given in bulletin 2.

Organiser and event officials

- Organising body: North East Orienteering Association
- Organisers: Caroline & Alastair Mackenzie (CLOK)
- Planner: Chris Mackenzie (CLOK)

- Controller: Keith Tonkin (BL)
- IOF advisor: Ted Finch (FVO)
- Overall weekend coordinator: Duncan Archer (LOC, formerly CLOK)

Website and email / telephone number for enquiries

Website: <https://www.theboc.co.uk/>

Preliminary enquiries: Duncan Archer boc24coordinator@gmail.com or 07949 565855

Classes and participation restrictions

WRE classes of M21E and W21E (in addition to the non-WRE classes at the event)

As per the [British Orienteering competition rules](#) (2.1.1) “The British Long Distance Championships are open to members of the British Orienteering Federation and to members of overseas IOF affiliated Federations.” Entrants must provide an IOF ID when entering. See [For athletes](#) on the IOF website for details on how to obtain an IOF ID by creating an IOF Eventor account if you do not have an IOF ID.

As per the [British Orienteering competition rules](#) (2.1.2) “To be eligible to be a British Champion, an individual competitor must on the day immediately preceding the day of competition in question be a member of British Orienteering and either (i) be a British citizen or (ii) have been a member of British Orienteering in each of the three membership years preceding the year of the competition.” There will be separate results for (i) those eligible to be British Champions and (ii) all WRE competitors, and there will be a separate prize giving for the latter if someone in the top 3 in the WRE is not eligible to be British Champion.

General map of the region and embargoed areas



[Map of embargoed area.](#)

Entries

Entries will open on December 1st 2023 at [Fabian4](#). All entries must be made online through Fabian4. It is not possible to enter through IOF Eventor. All entry fees must be paid via credit or debit card at the time of entering through Fabian4.

Latest date for entries

Sunday 17th March (midnight)

Entry fee for competitors

Entries open 1st December 2023

- Entry by 21st January - £26 GBP
- Entry by 18th February - £28 GBP
- Entry by 17th March - £30 GBP

Scale and contour interval

The maps will be printed at 1:15,000 with 5m contour intervals on waterproof paper.

Target time

The courses will be set to give a target time (average of first 3 runners) of 88-92 minutes for both men and women. Note this is a change introduced in recent years (longer than previous for women, shorter than previous for men) to give gender equality and equal target times for both men and women classes.

Start times will be from 10:30am – 1:30pm, with the highest ranked competitors starting last, and thus finishing around 3pm.

Punching system

The primary punching system will be SPORTident. SI units will be enabled for touch free punching, but can also be used in manual punching mode.

In the event of an SI control unit failing to register in touch free or manual mode (when the competitor does not get a visual and/or audible feedback that punching was successful), competitors must use pin punches to punch their map and show to an official at the finish to prove they visited the control.

Competition clothing

Full leg cover must be worn (as per British Orienteering rules). Rubber or dob spikes may be worn.

Prizes

For the World Ranking Event there will be prizes generously provided by [VJ](#).

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Accommodation and food

No accommodation or food is provided as part of the entry by the organisers. The event will have food traders on site, and there is plenty of accommodation in the area.

Obtaining entry permits (visas)

See the UK government website <https://www.gov.uk/check-uk-visa> to check if you need a visa to visit the UK, and if so see <https://www.gov.uk/apply-to-come-to-the-uk> to apply.

Terrain and climate

The terrain consists of mixed, predominantly deciduous woodland. The longest courses, including M21E and W21E, will start with a loop in Hutton Mulgrave & Skelder Woods before following a taped route into Mulgrave Woods. Mulgrave Woods has been used previously for JK 1996 and Northern Champs 2016. See map from [2016 Northern Champs](#). Hutton Mulgrave & Skelder Woods were intended for JK 2020 which was cancelled, but see map from most recent [2021 regional event](#).

Typical weather in Whitby in April is 6°C – 12°C, and on average it rains on 17 days of the month. For more details see [Whitby weather in April](#).

Event programme

The event programme and WRE bulletin 2 will be issued approx. 1 month before the competition.

Opportunities for training

There is no formal training provided by the organisers. If you are interested in visiting the area before the weekend of the event, and would like access to maps and areas, please contact boc24coordinator@gmail.com and we will see what can be arranged. For competitors interested in training for WOC 2024 in Edinburgh, Scotland, please see the [WOC 2024 website](#).